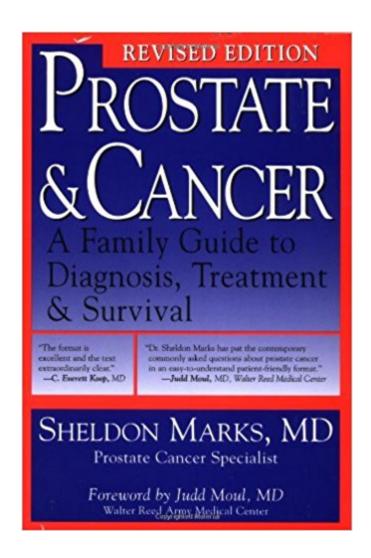


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Prostate & Cancer Revised: A Family Guide To Diagnosis, Treatment, And Survival





Synopsis

In this book, the author gives step-by-step instructions, accompanied by photos, for dozens of exercises that address the specific concerns of women. Along with chapters on stress relief, aging, and physical toning, he includes information on female sexuality, osteoporosis, menstrual difficulties, and problems related to pregnancy.

Book Information

Paperback: 360 pages

Publisher: Da Capo Press; Revised edition (February 21, 2000)

Language: English

ISBN-10: 1555612628

ISBN-13: 978-1555612627

Product Dimensions: 9 x 6 x 0.9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review:

3.6 out of 5 stars 12 customer reviews

Best Sellers Rank: #893,844 in Books (See Top 100 in Books) #74 in Books > Health, Fitness &

Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease #88 in Books > Health,

Fitness & Dieting > Men's Health > Prostate Health #31350 in Books > Parenting & Relationships

Customer Reviews

Sheldon Marks, M.D., is a board-certified urologist and specialist in urologic oncologythe treatment of prostate cancer. He received his urology training at Tufts University and New England Medical Center, and surgery training at the Mayo Clinic. Former president of both the Arizona Urological Society and the Southern Arizona Chapter of the American Cancer Society, Marks serves on many professional committees dealing with prostate cancer. He writes and lectures regularly on prostate cancer, urinary incontinence, vasectomy reversals and related topics at national conferences and hospitals.

This book is helpful in understanding the basics of prostate cancer. Unfortunately it is also out of date and lacking the newest treatments and solutions to additional therapies that are now offered. If you need a basic understanding of prostate cancer it is a good starting point for reference. However, you need to do much additional research online to get a true understanding of the treatment options available to you.

Fine for what it concerned. Never a happy subject but some helpful info.

format was easy to read answered just about every question i could have possibly had .i was much better informed on this subject , then when i left the doctors office after the brief visit explaining my condition.this was the most importent book i have ever read and was invaluable .thank you Dr.Marks

Excellent reading material.

1999 edition, not the current 2009 edition, should not be sold by anyone, and should not be purchased by anyone looking for current information on prostate cancer. Returned and had to purchase new edition locally.

This book provides great insight into understanding the prostate and cancer. It gives insight into the treatment options and the pros and cons of the various options.

I was introduced to this book after I had had a radical psostatectomy and spent countless hours researcing the internet. I wish I could have read it early on in my diagnosis and treatment. The book is well organized, clearly written in terms that a layman can readily understand. The layout and chapter arrangement is logical and there is even an appendix listing useful internet web sites.

This is a wonderful resource for all men aged 50 and over, whether or not you have been diagnosed with prostate cancer. It is organized in a very logical format, from normal male anatomy and physiology to the problems men have which are "benign" and then goes into the entire work-up, diagnosis, treatment and survival options for men with prostate cancer. It has an unbelievable index and is filled with useful information for finding a physician that will listen to your needs and wishes. I especially liked the chapter on diet and nutrition. The entire book is easy to read and understand and is surprisingly positive and hopeful. I was fortunate to receive this book from my doctor, but I am buying and recommending them for everyone I know, now.

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